

Upcoming Clinics

BASEBALL CLINICS IN AUGUST

Description	Ages	Day	Start	Time
Pitching/Hitting	7-8	Monday	Aug 6	6:00pm
Pitching/Hitting	9-10	Monday	Aug 6	7:00pm
Pitching/Hitting	11-12	Monday	Aug 6	8:00pm
Pitching	7-8	Tuesday	Aug 7	6:00pm
Pitching	9-10	Tuesday	Aug 7	7:00pm
Pitching	11-12	Tuesday	Aug 7	8:00pm
Hitting	7-8	Wednesday	Aug 8	6:00pm
Hitting	9-10	Wednesday	Aug 8	7:00pm
Hitting	11-12	Wednesday	Aug 8	8:00pm
Catching	Elem	Thursday	Aug 9	6:00pm
Catching	MS	Thursday	Aug 9	7:00pm
Catching	HS	Thursday	Aug 9	8:00pm

BASEBALL CLINICS IN SEPTEMBER

Description	Ages	Day	Start	Time
Pitching/Hitting	7-8	Monday	Sept 3	6:00pm
Pitching/Hitting	9-10	Monday	Sept 3	7:00pm
Pitching/Hitting	11-12	Monday	Sept 3	8:00pm
Pitching	7-8	Tuesday	Sept 4	6:00pm
Pitching	9-10	Tuesday	Sept 4	7:00pm
Pitching	11-12	Tuesday	Sept 4	8:00pm
Hitting	7-8	Wednesday	Sept 5	6:00pm
Hitting	9-10	Wednesday	Sept 5	7:00pm
Hitting	11-12	Wednesday	Sept 5	8:00pm
Catching	Elem	Thursday	Sept 6	6:00pm
Catching	MS	Thursday	Sept 6	7:00pm
Catching	HS	Thursday	Sept 6	8:00pm

Call 732.253.0762 to reserve your space or register online at: <http://asa1330.com/>

New at ASA!

Softball Clinics

Softball instructor Jodie Ricciardi will be conducting pitching, hitting and fielding clinics and giving private lessons!

Speed, Agility, Power Camps

Athletes of all ages and sports can benefit from Speed, Agility and Power training. Get faster, more agile and more explosive with SAP!

Pre-Season Workouts

(high school & middle school)

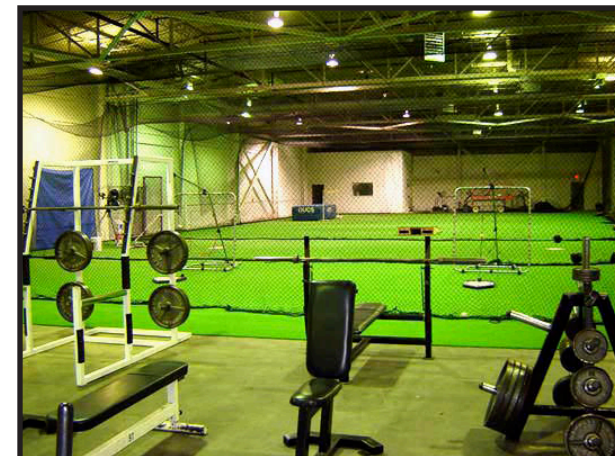
Sport specific workouts designed by certified trainers to get high school and middle school athletes prepared for their season.

Individual and Family Memberships

Come in for batting practice, work on speed and agility, throw, do plyometrics, work on core strength, lift weights, etc. Members over 13 years old have access to the weight room at any time and all members have access to the turf area on a reservation basis, just give us a call and let us know when you want to come in and what you are looking to do, if the facility is full we'll let you know when you can come in so you have the space to accomplish your workout goals.

All Sport Academy

ASA Features a professional weight room, 60' x 140' turf area that can be divided into 20' areas for batting cages, team workout areas, etc. We offer clinics, private lessons, group lessons, speed camps, team rates, individual memberships, personal training, strength training, pre-season workouts for most middle and high school sports.



Baseball Clinics at All Sport Academy

**1330 Livingston Ave., Suite 4
North Brunswick, NJ 08902
732.253.0762
<http://asa1330.com/>**

Minor Leaguers (Ages 4-5)

Introduction to baseball for Pre-K children. We'll work on throwing, hitting, running and just having fun playing baseball.

We'll meet twice a week:
Mondays and Wednesdays
1:00pm - 2:00pm

Tuesdays and Thursdays
10:00am - 11:00am
11:00am - 12:00am

Cost: \$125 - 4 Weeks

All Skills Clinics (Ages 5-8)

We'll work on basic baseball skills such as throwing, catching, hitting, running and fielding.

We'll meet once a week:
Mondays from 6:00pm - 7:00pm

Wednesdays from 5:00pm - 6:00pm

Saturdays from 2:00pm - 3:00pm

Cost: \$100 - 4 Weeks

**Call 732.253.0762
to schedule
Private Lessons,
Group Lessons and
Personal Training**

Skill Clinics (Ages 7-12)

We'll work on pitching and hitting in a small group setting. The Hitting clinic will focus on the stance, the grip, the swing. We'll split the time in half in the combo clinics so the players get equal amounts of time doing both skills.

Pitching/Hitting

We'll meet once a week:
Mondays

6:00pm - 7:00pm - Ages 7-8
7:00pm - 8:00pm - Ages 9-10
8:00pm - 9:00pm - Ages 11-12

Cost: \$100 - 4 Weeks

Pitching

We'll meet once a week:
Tuesdays

6:00pm - 7:00pm - Ages 7-8
7:00pm - 8:00pm - Ages 9-10
8:00pm - 9:00pm - Ages 11-12

Cost: \$100 - 4 Weeks

Hitting

We'll meet once a week:
Wednesdays

6:00pm - 7:00pm - Ages 7-8
7:00pm - 8:00pm - Ages 9-10
8:00pm - 9:00pm - Ages 11-12

Cost: \$100 - 4 Weeks



Directions to ASA

1330 Livingston Avenue, Suite 4
North Brunswick, NJ 08902
732.253.0762

From the North

Take Route 1 South into North Brunswick Take the Livingston Avenue Exit. Turn right at the end of the exit onto Livingston Ave. Drive past the ABB Building on your right. The next road to the right is North Oaks Boulevard. Immediately after that road is our driveway. There is a Day Care Center in the front that has a large dinosaur on the building. Drive along the side of the building to Suite 4. We are right after Bedroom Concepts.

From the South

Take Route 1 North into North Brunswick Take the Livingston Avenue Exit. Drive North on Livingston Ave. through the traffic light, past the ABB Building on your right. The next road to the right is North Oaks Boulevard. Immediately after that road is our driveway. There is a Day Care Center in the front that has a large dinosaur on the building. Drive along the side of the building to Suite 4. We are right after Bedroom Concepts.

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